



Where can I choose to have my baby in Grampian?

Elgin

Dr Grays Hospital, Ward 3
is a midwife-led service for labour and birth.
Tel: 01343 567220

Inverurie

Inverurie Community Maternity Unit
is a freestanding maternity unit.
Tel: 01467 670920

Peterhead

Peterhead Community Maternity Unit
is a freestanding maternity unit.
Tel: 01779 482445

Inverurie

Labour Ward
Aberdeen Maternity Hospital. This is an obstetric unit.
Tel: 01224 558855

Aberdeen

Midwives Unit
Aberdeen Maternity Hospital. This is an alongside Midwifery unit.
Tel: 01224 558855

At home
Cared for by midwives within your own home.

What is the difference between the units?

Freestanding Midwifery Unit: These units are run by midwives and are in a different place from the hospital obstetric unit. They have a relaxing environment and offer a range of pain relief options if required. These include birthing pool, gas and air (Entonox) and opiate injection of pain relief. If you or your baby need to see a doctor, your midwife will call an ambulance and you will be transferred to a hospital obstetric unit.

Alongside Midwifery Unit: This unit is run by midwives and is located within the obstetric unit next to labour ward. They have a relaxing environment and offer a range of pain relief options if required. These include, birthing pool, gas and air (Entonox) and opiate injection of pain relief.

Obstetric Unit (Labour Ward) is a hospital environment with a medical team (obstetricians, anaesthetists, neonatologists/paediatricians) and medical equipment. They offer a range of pain relief options if required. These include, gas and air (Entonox), epidural, and opiate pain relief.

Home Birth: Cared for by midwives within your own home. A range of pain relief options are available. These include: birthing pool (personal hire required), gas and air (Entonox) and opiate injection of pain relief. If you or your baby need to see a doctor, your midwife will call an ambulance and you will be transferred to a hospital obstetric unit.

If you would like more evidence-based information to support your decision please access the following links: <https://www.birthingrampian.scot.nhs.uk>
For women having their first baby: <https://assets.nhs.uk/prod/documents/NHSE-your-choice-where-to-have-baby-first-baby-sept2018.pdf> For women who have had a baby before: <https://assets.nhs.uk/prod/documents/NHSE-your-choice-where-to-have-baby-baby-before-sept2018.pdf>

Please speak to your midwife if you have any questions and to discuss where you wish to have your baby.